

# OCCUPATIONAL HEALTH & SAFETY (OH&S) ON SITE WORK INSTRUCTION

## UIS-I-03

### All Inspectors

1. Ask the supplier / Manufacturer for Specific OH&S instructions
2. Strictly follow these instructions
3. Ask for specific OH&S equipment or clothes to be used.
4. Report immediately to the manufacturer about any safety remarks or observations
5. Mention in your daily report to the Technical Department

### GENERAL

#### **REMEMBER....**

- a. **That** accidents can happen at any time, anywhere provided that hazards exist where there is activity.
- b. **That** accidents do not just happen, they are caused, and so do not be the causer.
- c. **That** accidents continue to be caused by: Thoughtlessness, Carelessness, Neglect and Momentary Lack of Concentration. There may be many reasons that can impair Concentration, Tiredness, Illness, Stress, Worry, Anger, Bad News and even Good News.
- d. **That** it is not always the person who causes accident who suffers; very often it is the innocent.
- e. **You** should be fully aware of the consequences of unsafe acts and unsafe working conditions and should at all times make every effort to eliminate them.
- f. **Always** observe and make note of the special areas such as restricted and non-smoking areas. For your guidance the Restricted Areas are those areas which may only be entered by personnel in possession of a special pass or permit, so don't enter them if you don't have the permit, and No Smoking Areas are those areas which always defined with No Smoking Signs displayed at the entrance. Taking matches naked light, lighters, non-approved electric torches and other battery-operated equipments into these areas is strictly forbidden.
- g. **Make** sure that all necessary protective clothing and tools are available.

- h. Protective clothing may include goggles for all operations involving an eye hazard, suitable footwear for slippery floors, safety belts when working in unfenced high position, safety helmets where there is any overhead hazard, close fitting when working in or near moving machinery, electrical insulation boots, gloves and mats should be used when necessary. During work in a confined space it is essential to ensure a continuous supply of fresh air. Compressed oxygen must never be used in a confined space. A suitable breathing apparatus must be worn when there is any danger of toxic fume, dust or gases.
- i. **Always** remember that **A LOW VOLTAGE SHOCK MAY BE FATAL**. So before any temporary installation work is carried out for the purpose of testing of any machine or apparatus an authorized technician who has a sufficient knowledge of the working of high and low voltage apparatus must ensure that the apparatus or the machine to be tested is isolated from all possible sources of electricity supply and that the connection to the electrical system and phasing are all correct. Only the authorized person must perform all the switching-on and switching-off operations.
- j. **Do not** work near overloaded cranes or near lifting appliance that are overloaded or have an obvious defect.
- k. **Hand** tools in defective conditions are a common cause of accidents and must never be used.
- l. **All** precautions must be taking when withdrawing samples of toxic or dangerous chemical compounds either by using the approved protective clothes & tools or to be carried out by the authorized person dully appointed for this purpose.
- m. **When** working with machinery, vessels and/or equipment under high pressure certain precautions must be considered.